



Certified Occupational  
Safety Specialist

Phone: 877-610-COSS Fax: 225-766-1099  
Website: [www.coss.net](http://www.coss.net)

## CERTIFIED OCCUPATIONAL SAFETY SPECIALIST RECERTIFICATION GUIDELINES

### Table of Contents

General Rules and Procedures for Recertification.....	2
Purpose of COSS Recertification.....	2
Participation and General Requirements for Recertification.....	2
Recertification Schedule.....	2
Tracking and Reporting CEUs or Contact Hours .....	3
Detailed Procedures .....	3
Notification and Recertification Fee .....	3
Keeping Track of Recertification CEUs or Contact Hours .....	3
Reporting for Recertification.....	4
Recertification Auditing .....	4
Counting Recertification CEUs or Contact Hours.....	4
Understanding CEUs.....	5
Understanding Contact Hours.....	5
Converting CEUs to Contact Hours.....	5
Extension of Time Request .....	5
Full or Partial Exemption Request .....	6
Notification of Recertification Results.....	6
Reinstating an Expired COSS Certificate .....	6

# General Rules and Procedures for Recertification

This guide covers the Recertification procedures for Certified Occupational Safety Specialists (COSS). This guide supersedes any and all previous recertification guidelines issued by COSS Management, and is effective as of August 17, 2007.

## Purpose of COSS Recertification

The COSS Recertification process helps ensure that COSS graduates maintain the necessary safety and health training to remain current in their field and/or profession.

## Participation and General Requirements for Recertification

As a COSS Graduate, you **must participate** in professional development activities after your initial COSS Certificate is issued, and report such activities every three years. *You must earn 6.0 CEUs or 60 contact hours every three years, in the area of safety and health and/or management. All CEUs or contact hours must be earned within the Recertification cycle to which they apply. CEUs and contact hours will be discussed further in the “Understanding CEUs” and “Understanding Contact Hours” sections of this guide. Failure to meet this requirement will result in loss of Certificate.*

Only **active COSS Instructors** are allowed to earn less than 6 CEUs or 60 Contact Hours. Active COSS instructors must earn at least 2.4 CEUs or 24 contact hours every three years.

CEUs or contact hours in excess of those required for renewal for a current recertification cycle cannot be carried over to the next recertification cycle. CEUs or contact hours must be issued during the current three-year recertification cycle.

## Recertification Schedule

Your COSS Certificate is renewable every three years. Your initial certificate will actually extend beyond three years. It will expire on December 31 of the third full year following your COSS certificate date. See Table 1 for illustration.

**Table 1**

<b>IF THE DATE YOUR COSS CERTIFICATE WAS RECEIVED IS BETWEEN THESE DATES:</b>	<b>THEN YOUR COSS CERTIFICATE EXPIRATION DATE IS:</b>
January 1, 2012 ó December 31, 2012	December 31, 2015
January 1, 2013 ó December 31, 2013	December 31, 2016
January 1, 2014 ó December 31, 2014	December 31, 2017
January 1, 2015 ó December 31, 2015	December 31, 2018
January 1, 2016 ó December 31, 2016	December 31, 2019

You must report your CEUs or contact hours by December 31<sup>st</sup> of the third full year of your recertification cycle.

Recertification Worksheets must be postmarked or received by fax no later than December 31<sup>st</sup> of the year your certificate expires.

## Tracking and Reporting CEUs or Contact Hours

COSS graduates must keep track of their own Recertification CEUs or contact hours, compile all supporting documentation, and report at the end of the recertification cycle. COSS Management will keep graduates informed about recertification requirements, notify them when their cycle will end, and provide the Recertification Worksheet and instructions. Any Recertification changes will appear on the COSS website ([www.coss.net](http://www.coss.net)) under "Recertification".

## Detailed Procedures

### Notification and Recertification Fee

- ***The Recertification Cycle end date appears on the annual reminder.*** Each year, you will receive a reminder letter or email that will state when your recertification cycle ends. Each year you are asked to notify COSS Management of any updated contact information, such as address, phone number or email address changes by making the changes on the COSS website at <https://www.coss.net/Secure/UpdateContactInfo.aspx>. On your third full year of your certificate, you must submit a recertification worksheet and a recertification registration form (discussed herein). On, or before, December 31<sup>st</sup> of your expiration year, you will need to submit a total of \$135 for recertification, along with the Recertification Worksheet and Registration Form, which may be downloaded and submitted at [www.coss.net](http://www.coss.net) under "Recertification".

The Recertification Fee is waived for active COSS Instructors only.

## Keeping Track of Recertification CEUs or Contact Hours

- ***Keep track of your own Recertification materials.***  
It is very important to set up a personal procedure for tracking Recertification CEUs or contact hours. You will want to keep this Recertification Guide, your supporting documents, and a running list of Recertification CEUs or contact hours earned.
- ***At least once a year you should review and update your records.***  
A good time to check your records is when you receive the annual reminder letter or email for your recertification. Keeping accurate records will make it easy to prepare the Recertification Worksheet at the end of your three-year Recertification cycle, and will make it easy to verify CEUs or contact hours claimed, should you get selected for an audit. At this point, it is also important to update any changed contact information so COSS Management may notify you of any COSS related information.
- ***Keep original documents that verify CEUs or contact hours***  
Information about what documentation COSS Management will accept to verify CEUs or contact hours claimed appears in this document under "Understanding CEUs". Be sure to keep documentation supporting your claim for CEUs or contact hours. **You will have to submit supporting documentation only if you are audited; at which point, COSS Management will request supporting documents to verify the CEUs or contact hours you claim.**

## Reporting for Recertification

- ***At the end of your Recertification cycle, you must report using a COSS Recertification Worksheet and Registration Form; other forms are not accepted.***  
The Recertification Worksheet, Registration Form, and other recertification related forms may be downloaded at [www.coss.net](http://www.coss.net) under "Recertification".
- ***The Recertification Worksheet must be submitted no later than December 31 of the end of your Recertification cycle.***  
COSS Management will notify you with your recertification results following an evaluation of your Recertification Worksheet. If you are selected for an audit, you will be notified and given instructions on what you need to do.
- ***Do not report until your Recertification cycle ends.***  
Forms, requirements, and procedures may change from time to time, and you will need to meet all requirements and take advantage of rule interpretations in place at the time you report. Recertification forms will not be accepted any earlier than the year you are up for recertification (for example, if you expire on December 31, 2012, we will not accept your documentation until January 1, 2012, at the earliest). Current recertification information appears at [www.coss.net](http://www.coss.net) under "Recertification".
- ***Submit Recertification Recertification Worksheet.***  
In order to recertify, you will need to submit the recertification worksheet and payment of \$135.00. You may download the Recertification Worksheet and submit payment at [www.coss.net](http://www.coss.net) under "Recertification".
- ***Do not send supporting documents with your Recertification Worksheet.***  
Proof of CEUs or contact hours earned is **not required** with the original Recertification Worksheet. Documentation of CEUs or contact hours earned will be required **only if you are notified that your Worksheet is being audited.**

## Recertification Auditing

The auditing process ensures that a graduate verifies the CEUs or contact hours claimed on a Recertification Worksheet. COSS Management will randomly select 25% of the total Recertification reports that year for audit. Individuals selected will receive a notice that will explain how to submit verification, and when it is due.

## Counting Recertification CEUs or Contact Hours

- ***Keep track of CEUs or contact hours accurately as they are earned.***  
**Total points for a Recertification cycle are not rounded upward.** For example, you may have a total of 5.5 CEUs or 55 contact hours at the end of your Recertification cycle. This does not meet the Recertification requirements. You must meet the minimum 6 CEUs or 60 contact hours within your recertification cycle.
- ***CEUs or contact hours must come from any safety council, training institution, post-secondary institution, conferences, seminars, etc.*** The course or seminar must be safety and health and/or management related. This may include properly documented online or CBT training (CBT Training requires COSS Management's pre-approval, unless it is already listed on the pre-approved list in Appendix A), or classes you attended while at a professional conference or seminar. Courses you have developed

and/or taught do not count toward the required minimum CEUs or contact hours. You may check Appendix A, or the COSS website at [www.coss.net](http://www.coss.net) for a list of pre-approved courses; however, this list is not inclusive of all acceptable classes.

Site Orientations and/or company safety meetings DO NOT count towards recertification.

## Understanding CEUs

Continuing education courses provide one of the main methods for keeping up with professional practice.

The Recertification program for COSS uses the recognized continuing education credit system. For many continuing education courses, the providers ensure that they comply with national standards for continuing education courses established by the International Association for Continuing Education and Training<sup>1</sup>. Courses complying with IACET standards can award Continuing Education Units (CEUs). COSS Management does not evaluate courses for CEU credit. We rely on compliance with IACET standards to help ensure quality in educational offerings and recognizes the CEU as a measure of course credit.

IACET publishes the rules for CEUs. CEUs are widely used and accepted in continuing education in the U.S. Training providers are responsible for meeting the rules associated with CEUs when awarding them for continuing education courses.

## Understanding Contact Hours

Some safety and health classes or seminars that you participate in may not offer official CEUs. In these instances, you will need to accurately record the number of contact hours you spent in the training. For example: you attended a fall protection seminar at an expo from 9:00 a.m. to 11:00 a.m., but you were not issued CEUs for the seminar. In this situation you would count the number of actual hours you were in the training. In this example, you would count 2 contact hours. As documentation/proof of your attendance (if documentation is requested), you would need to provide a signed roster or attendance sheet and an agenda (or other meeting information).

Some college credits may count as contact hours. For example, if you take a 3 hour SAFETY & HEALTH college class (elective/non-S&H related courses are not accepted) for 15 weeks, that would give you 45 contact hours (3 hours x 15 weeks). A passing grade on an end of semester report card, as well as your degree program's list of required courses would serve as proof of your attendance (if documentation is requested).

## Converting CEUs to Contact Hours

Most graduates will acquire both CEUs and Contact Hours within the three year recertification cycle. This may make it hard to count the required CEUs and/or Contact Hours. Therefore, COSS Management recommends that you **convert all CEUs to contact hours**, and count the contact hours. You would do this by multiplying the number of CEUs by 10 to get the Contact Hours. For instance, if you take a class that offers 4.0 CEUs, you would multiply 4.0 CEUs by 10 to get a sum of 40 Contact Hours (4.0 CEUs X 10 = 40 Contact Hours).

## Extension of Time Request

---

<sup>1</sup> International Association for Continuing Education and Training, 1620 I St. NW Suite 615, Washington , DC 20006; Phone: 202-463-2905; Web: [www.iacet.org](http://www.iacet.org).

An extension of time allows you to add an additional year to your Recertification cycle for the purpose of obtaining CEUs or contact hours. However, extending your present Recertification cycle will shorten your next Recertification cycle to 2 years (instead of 3) and will still require the minimum 6 CEUs or 60 contact hours. You must submit an Extension Request Form to the COSS Management, prior to the end of your Recertification cycle. The Extension of Time Request Form may be downloaded at [www.coss.net](http://www.coss.net) under "Recertification". Back to back extension requests are not allowed.

## Full or Partial Exemption Request

An exemption reduces the total time and corresponding CEUs or contact hours of a Recertification cycle. Factors which may justify an exemption include hardship, incapacity, disability, and other extenuating circumstances affecting your ability to comply with the Recertification requirements. A full exemption waives the CEUs or contact hours required for the entire cycle and a partial exemption covers a portion of the cycle. An Exemption Request Form must be submitted to the COSS Management, prior to the end of your Recertification cycle. The Exemption Request form may be downloaded at [www.coss.net](http://www.coss.net) under "Recertification".

## Notification of Recertification Results

COSS Management will review each Recertification Worksheet to determine if the required 6 CEUs or 60 contact hours were achieved.

- **Recertification Met**  
If you meet the minimum of 6 CEUs or 60 contact hours, COSS Management will send you a notice stating that the COSS Recertification requirements have been met. You will also receive a Recertification certificate with your new expiration date on it. COSS Management will mail your new Recertification certificate to the address you provided on the Recertification Registration Form and Recertification Worksheet. You will begin a new Recertification cycle, and will retain your COSS certificate for another 3 year cycle.
- **Recertification Not Met**  
You will be notified if COSS Management finds that you have not acquired the minimum of 6 CEUs or 60 contact hours. You will be asked to provide additional information to justify CEUs or contact hours claimed, or you may work with COSS Management to resolve the shortage of CEUs or contact hours. If you do not respond or seek to resolve the shortage of CEUs or contact hours within 30 days of notification, COSS Management will notify you, in writing that your certificate has expired.

## Reinstating an Expired COSS Certificate

If COSS Management notifies you that your COSS Certificate has expired because you have not met the Recertification requirements, there are two options for being reinstated as a COSS in good standing.

1. You will have until March 31 of the following year to fully comply with Recertification requirements. You must submit 6 CEUs or 60 Contact Hours on the Recertification Worksheet AND provide the supporting documentation of the CEUs/Contact Hours earned. You must also pay a nonrefundable recertification reinstatement fee of \$50.00, in addition to the original Recertification Fee (\$135), for a total of \$185.00.

2. You may retake the COSS class, at the then current rate, and meet all requirements to achieve the COSS Certificate. By retaking the COSS class, a student's expiration date will be adjusted according to his/her new graduation date

Example 1: If a student had an original expiration date of December 31, 2008, but retakes the COSS course on December 15, 2008; his/her new expiration date would be December 31, 2011.

Example 2: If a student's Certificate expired on December 31, 2008, and then he/she retook the COSS course on February 15, 2009; his/her new expiration date would be December 31, 2012. However, his/her original certificate expired on December 31, 2008.